

## WHAT TO EXPECT – COMING OUT OF ANESTHESIA

Generally, most of the anesthetic will have 'worn off' by the time your cat is ready to go home. You may notice that your cat sleeps more or appears less energetic over the next couple of days. Your veterinarian will provide individualized instructions based on your cat's procedure and details for follow-up care. If you have any questions or concerns, you should contact your veterinarian immediately.



For more information on feline anesthesia, visit [www.catfriendly.com/anesthesia](http://www.catfriendly.com/anesthesia).

# Feline Anesthesia



You are an important member of your cat's healthcare team.  
You are instrumental in helping with the success of treatments and improved healthcare for your cat.

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# Feline Anesthesia

There may be a time when your cat will require anesthesia for a surgical, medical or diagnostic procedure. Some examples include a planned surgery such as neutering, essential scaling and polishing for oral health and dental disease prevention, or even an emergency procedure.

Administering general anesthesia induces a loss of consciousness, muscle relaxation, and prevents movement while a procedure is performed. Although your cat is unconscious and unaware of what is going on, pain relief medication is given, and local anesthetics may also be used to numb specific parts of your cat's body. Both techniques result in a comfortable recovery.

During the entire course of the procedure, anesthesia will be carefully administered and monitored by the veterinary team. It is important that you understand the basics of anesthesia and what to expect.

## RISKS OF ANESTHESIA

With all anesthesia, there can be risk of an adverse reaction to the anesthetic drugs, or other rare complications. Your veterinarian will conduct a thorough physical examination and assessment, as well as ask you specific questions about your cat. Based on this, specific tests may be performed. The examination and tests will provide the veterinary team with more information to develop an individualized plan for your cat. It can also assist in detecting any hidden problems, pre-existing conditions, or underlying issues that could increase the risk of an adverse event. The veterinary team will take precautions to minimize these risks when sedation or anesthesia is necessary. The team will also provide you with pre-procedure instructions.

## PREANESTHETIC APPOINTMENT

Prior to your cat's surgery or procedure, your veterinary team will schedule an appointment to make an assessment and gather complete information, if this has not already been done in a recent consultation. The appointment will include:

- Complete medical history
- Physical examination including weighing your cat
- Testing – your veterinarian will assess the cat's medical history and physical examination findings to determine the appropriate preanesthetic tests that should be performed. These can include, but are not limited to, blood and urine testing for most cats; some cats may need additional testing such as x-rays (radiography) or ECG (electrocardiography).



Your veterinarian will use this information to assess the risk and urgency, assess your cat's health status, choose the best anesthesia drugs for your cat, and factor in his or her life stage and any other disease(s) or conditions. Asking questions will also provide you with more information, such as:

- "Can you explain what I need to do before the procedure?"
- "Can you explain the anesthesia process and how my cat will be monitored?"

## THE DAY YOUR CAT RECEIVES ANESTHESIA

### At Home Instructions

You will receive detailed instructions from your veterinarian, which may include withholding food. If your cat is very stressed during veterinary visits or gets motion sickness in the car, your veterinarian may prescribe a medication to be given before the appointment. It is crucial that you follow these instructions.

### Process

Veterinarians understand that cats have specific needs and it is their goal to minimize patient stress. Your veterinary team will prepare an individualized anesthesia plan, and assemble monitoring and support equipment prior to the procedure. Your cat will likely receive a premedication agent with a sedative to help smooth the transition to full anesthesia; this step calms your cat and reduces their stress. An intravenous (IV) catheter is placed to help maintain fluid balance in the body and allow for emergency medication, should this be required.

### Monitoring

Anesthesia requires continuous monitoring. Components of monitoring during the procedure include:

- physical observation of your cat throughout the entire procedure – including the time after your cat wakes up
- temperature
- blood pressure
- heart rate/pulse
- breathing (respiratory rate and level of oxygen in the blood)

